



# YMCA OF SAN ANGELO POOL SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5:30	LAP SWIM ONLY	LAP SWIM & WATER FITNESS	LAP SWIM ONLY	LAP SWIM & WATER FITNESS	LAP SWIM ONLY	CLOSED	CLOSED	
6:00								
6:30	LAP SWIM & WATER FITNESS SWIM		LAP SWIM & WATER FITNESS		LAP SWIM & WATER FITNESS			
7:00								
7:30								
8:00			YMCA AEROBICS	LAP SWIM & WATER FITNESS	SILVER SNEAKERS	LAP SWIM & WATER FITNESS		LAP SWIM
8:30								
9:00			LAP SWIM & WATER FITNESS		LAP SWIM & WATER FITNESS			
9:30								
10:00								AQUA ZUMBA
10:30			WATER AEROBICS		WATER AEROBICS			
11:00								SWIM LESSONS
11:30			LAP SWIM ONLY		LAP SWIM ONLY			
12:00				PRESCHOOL SWIMMING				
12:30								
1:00		WATER FITNESS	WATER FITNESS	WATER FITNESS	WATER FITNESS	WATER FITNESS	OPEN SWIM & INFLATABLE	OPEN SWIM
1:30								
2:00								
2:30	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM			
3:00								
3:20	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS				
4:00								
4:30					ASP SWIMMING	CLOSED 4:45 pm	CLOSED 4:45 pm	
5:00								
5:40	WATER AEROBICS	AQUA FITNESS	WATER AEROBICS	AQUA FITNESS	OPEN SWIM & INFLATABLE			
6:00								
6:40	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM				
7:00								
7:30								
8:00					7:45 CLOSED			
8:45	CLOSED	CLOSED	CLOSED	CLOSED				

Limited lap lanes are available on a first come, first serves basis during all Water Aerobic and Aqua Fitness classes. The pool is open for limited activity during weekday Swim Lessons and ASP swimming. **Schedules are subject to change with no notice.**