

# FOCUSING ON YOUR HEALTH

## ADULT CO-ED VOLLEYBALL

The COVID19 pandemic is detrimental to our society in more ways than one. Contracting the virus is not the only threat! Our community is stressed and suffering emotionally. Physical exercise and social interaction is important to a human's well-being. Get out and do something that makes you feel good.

Games are played on Wednesday evenings beginning August 5 - September 23, 2020.

- **Co-Ed** (Minimum of 7 person roster with 2 girls on the court at all times. A girl must touch the ball once before it is returned. Uniforms are not provided.)
- **5 game season**
- **\$200.00 per team**
- **End of season tourney**
- **Winner of the tournament receives free entry to the next season**

COVID19 safety guidelines are as follows:

- Temperatures are taken before entry. Temps of 100.4 or greater are not allowed entry until lowered.
- Face coverings are not required for players during their game.
- All spectators will be required to wear face coverings.
- Remember to social distance yourself from other teams and spectators.

