



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BECOME WHISTLE WORTHY

Lifeguard Training (American Red Cross)

The American Red Cross Lifeguard training and certification teaches the skills needed to effectively prevent and respond to water emergencies. Our detailed blended training includes both testing of hands on skills as well as comprehension on written tests. The certification, which includes First Aid, CPR, and AED training is valid for 2 years and is accepted nationwide.

PREREQUISITES (complete description available on-line)

Students must be at least 15 years old by the last day of class.

Students must pass a pre-course swimming skills test prior to taking lifeguarding courses

Students should schedule their pre-course skills test upon registration.

Students must complete approximately 7.5 hours of eLearning coursework and 19.5 in person training.

PROGRAM FEES

\$275.00 – Fees include hip pack, whistle and face mask.

AVAILABLE SESSIONS

1. February 24 – 28
2. March 15 – 19
3. April 7 – 11
4. April 28 – May 2

TIMES

TBA

FOR MORE INFORMATION

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