



PHASE

1

RESTRICTED

(rigid social & physical distancing, individual activities only)

Facility Hours

Mon – Friday
6am – 8pm

Saturday
8am – 5pm

Sunday
CLOSED

PEOPLE

Staffing is limited to “essential staff” only. All other staff should remain in personal office/space.

All staff are thoroughly trained on COVID transmission prevention and new cleaning protocols prior to working.

All persons entering the facility must pass screening before entering the facility:

- Temperatures must be below 100.4
- Must answer NO to self-acknowledged health screening questions.
- Self-scan upon entry. Staff will not handle member cards or any other personal belongings.

All members will be asked to wash or sanitize hands upon entering/leaving the facility.

Staff is required to wash hands upon entering/leaving the facility and each hour.

Numbers will be controlled throughout the building (not to exceed 25% of facility/area occupancy)

Staff in direct contact with the public is required to wear PPE (mask and gloves).

Members are required to wear gloves covering the entire hand while utilizing gym equipment. Masks are strongly encouraged.

Members are limited to max of one hour in the facility.

All children under the age of 14 must be accompanied by a parent at all times.

FACILITY

The entire facility will be cleaned and disinfected prior to opening and after closing each day.

All equipment will be cleaned with HDQ Neutral throughout the day (minimum of every two hours) and before opening and after closing each day.

- Members must disinfect the equipment before and after each use. Proper cleaning supplies will be distributed to each member.
- Public entry doors and public counters will be cleaned a minimum of every two hours with HDQ Neutral.
- Breakrooms, kitchen appliances, etc. will be cleaned a minimum of every two hours with HDQ Neutral.
- Light switches cleaned a minimum of every 2 hours with HDQ Neutral.
- Employee workspaces cleaned a minimum of every two hours with HDQ Neutral.

Areas, open with restrictions:

- Cardio and Wellness Center open with significant restrictions on capacity and activities.
- Gym open for individual workout only.
- Designated bathrooms
- No touch bottle filling available (water fountains closed)
- Seating areas reduced to prevent gathering.

Closed areas:

- Group exercise rooms
- Locker Rooms
- Pool
- Steam room and sauna
- Childwatch
- Services not provided: coffee, towel service.
- Crunch Cafe

ACTIVITIES & PROGRAMS

All group activities are closed including:

- Group exercise classes
- Adult Noon Ball
- Pick-up basketball games

Traditional circuit training is **PROHIBITED**. Members may only use one piece of equipment at a time.

All programming is postponed pending further guidance.

- Youth Sports
- Adult Sports
- Summer Day Camp
- Little Explorer's Preschool

Emergency Childcare for Essential Workers only at an off-site location.

Staff and members who are unwilling to comply with the Y's COVID transmission prevention measure will be asked to leave the facility immediately.