FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

the

MAKE YOUR SUMMER SPECTACULAR

2022 SUMMER BROCHURE ymcasanangelo.org



OUR MISSION

The mission of the San Angelo YMCA is to serve the people in the San Angelo community of all faiths, with the emphasis on families and youth, to permit them to achieve their God-given potential in spirit, mind and body through its programs, staff, facilities, and the community.

STRENGTHENING COMMUNITY IS OUR PURPOSE

The Y is a leading nonprofit for youth development, healthy living and social responsibility. We are a powerful association of men, women and children of all ages and from all walks of life joined together by a shared passion: to strengthen the foundations of community.

FOR ALL: WE WELCOME ALL INCOMES, AGES AND ABILITIES

Everyone belongs at the Y, regardless of ability to pay. The YMCA turns no one away due to the inability to pay. Through funding from the **United Way of the Concho Valley**, private grants, individuals and corporate donations, the Y has the ability to break down financial barriers by providing financial assistance to individuals and families throughout the community. Even in the midst of a pandemic with closures and decreased enrollment the Y still awarded over 211,383.11 in scholarships for programs and membership in 2021. Financial assistance is available for most programs and services. Applications are available at the Welcome Center and online. Submit the application with proof of income for all wage earners in the household and expect a response within 7 – 10 business days.

For more information contact our Membership Director, Larissa Rivera at 325.655.9106 or Irivera@ymcasanangelo.org.

CHILD ABUSE PREVENTION

Child Abuse Prevention (CAP) is a top priority at YMCA's across the State of Texas. Physical, emotional and sexual abuse is prevalent in society today. The San Angelo Y trains staff and volunteers to recognize, prevent and report any form of child abuse to authorities. All YMCA's in Texas are actively participating with a leading organization to enhance and provide children with a safe environment.

OPEN COURT ACTIVITIES AT THE Y!

PICKLEBALL: Tuesday, Thursday, and Friday from 9:00 am – 11:30 am. Men and women take-over the courts for open pickleball play.

ADULT BASKETBALL: Every weekday from 11:30 am - 1:00 pm the court is for the big kids. Members and non-members are encouraged to join for friendly pick-up games. Open court activities are free to Y-members. Guest passes are available for non-members.



Interested in participating in the largest Halloween event of the year? Contact the Y at 325.655.9106 or sduffel@ym-casanangelo.org. The event is FREE and open to the public.

Volunteers and sponsorships opportunities are available. Volunteers are needed to operate booths, dress up in the haunted house, set-up and tear down, apply make-up and more.

MEMBERSHIP

Membership Fees

Туре	Joining Fee	Monthly Fee	Annual Fee
Adult	\$50.00	\$48.00	\$518.00
Senior Adult	\$25.00	\$38.00	\$410.00
Family	\$75.00	\$70.00	\$756.00
Single Parent Family	\$75.00	\$56.00	\$605.00
Full Time College Student	\$25.00	\$30.00	\$324.00
Youth 13+	N/A	\$20.00	\$240.00
Youth	N/A	N/A	\$95.00

Memberships are all inclusive, allowing access to wellness and cardio center, Stephen's Natatorium, gym usage, group ex classes and more.

Financial assistance is available for all membership except youth 13+, and Youth. For information on how to apply for assistance please see the Welcome Center or email Irivera@ymcasanangelo.org

EVERYONE IS WELCOME AT THE Y!

DAY PASSES

College Students & Youth: \$5.00 Adults: \$7.00 Childwatch for non-members: \$2.00 Adults accompanied by a Y member: \$5.00

JOINING FEES: New members are required to pay a one-time joining fee as long as the membership remains active and continuous. Any membership with a lapse or termination of 30 days or more will be assessed another joining fee at the time of reactivation.

ACTIVE MILITARY, VETERANS, AND FIRST RESPONDERS NEVER PAY A JOINING FEE (proof is required)

CHILDWATCH: Childwatch is a service offered to family and a single parent family memberships. To utilize childwatch services the child must be a member or purchase a childwatch day pass.

INSURANCE: The Y does not carry insurance on members, guests, or program participants in or outside of the facility. We do accept some insurances for membership purposes.

INSURANCE BASED MEMBERSHIP: The Y partners with are Silver-sneakers, Prime, Renew Active, and Peer-fit. Contact your insurance provider to see if you qualify.

Spouse and/or dependents can be added to memberships. A fee will be applicable for additional members.

PAYMENT OPTIONS: The Y offers a couple of payment methods.

Automatic Draft: Monthly fees are drafted automatically from a checking or savings account. Available draft dates are the 1st or 15th of each month.

Debit/Credit Draft: Monthly fees are drafted automatically from a debit or credit card. Available draft dates are the 1st or 15th of each month.

Annual Payment: A year membership paid in full in one payment using check, cash, debit, or credit card. The annual payment options includes a discount of 10%. No refunds available for annual membership types.

MEMBERSHIP CHANGES: All membership changes require a 30 day notice. Changes can be made at the Welcome Center. Members may add adult, living in the home, to any FAMILY type membership for an additional \$21 per month. (Proof of residency required)

TERMINATION: Requests to terminate must be done in writing. All requests to terminate require a 30 day notice. Termination requests may be done at the Welcome Center, via fax or email.



CORPORATE MEMBERSHIP: The YMCA of San Angelo is proud to provide local employers with a new approach to employee health. Research has shown an effective wellness program can have significant impact on a variety of health risk factors including cholesterol, blood pressure, cardiovascular disease and obesity.

For more information reach out to the Membership Director, Larissa Rivera at Irivera@ymcasanangelo.org.

SUMMER MEMBERSHIP: Summer membership will become available to purchase on May 17th, 2022. These memberships will ONLY BE ACTIVE from May 17th, 2022 to August 31st, 2022. **PRICES BELOW ARE FOR SUMMER MEMBERSHIPS ONLY**

Туре	Promo Rate	SAVINGS
Adult	\$150.00	\$44.00
Senior Adult	\$100.00	\$39.00
Family	\$215.00	\$70.00
Single Parent Family	\$185.00	\$58.00
Full Time College Student	\$75.00	\$40.00
Youth 13+	\$50.00	\$10.00

Y NATIONWIDE MEMBERSHIP: Nationwide membership enables you to visit any participating YMCA in the United States through membership at your "home" YMCA. We offer this because we want to help you reach your health and wellness goals where ever you live, work, or travel.

As part of Nationwide Membership the YMCA conducts regular sex offender screenings on all members, participants and guests. If the a sex offender match occurs, the YMCA reserves the right to cancel membership, end program participation , and remove visitation access.

PARTY AT THE Y

We are proud to have the ability to offer our facility to the community for the use of birthday parties, baby showers, meetings, school functions and more.

For more information regarding dates available, contact the Welcome Center.

EXCLUSIVE Y - Member Rates Pool & Party Room: \$110.00 1hr in the pool, 1hr in the party room Private Party: \$310.00 for 2hrs.

Non Member Rates Pool & Party Room: \$130.00 1hr in the pool, 1hr in the party room Private Party: \$325.00 for 2hrs.

Extended times and balloon arches are available.





MEMBERSHIP

SUMMER DAY CAMP:

The Y's Summer Day camp is held Monday – Friday and provides kids 3 year to 12 years of age, supervised activities that foster youth development. The Y's Summer Day Camp focuses on honesty, caring, respect, and responsibility in all of its fun-filled activities. We allow for physical involvement, social interaction, educational opportunities, leadership building, personal growth and creativity in everything we do. Participants will experience field trips to the movies and many more!

Summer Day Camp hours of operation are 7:00 am to 6:00 pm. Locations: Bradford, Day, and YMCA (Subject to change) Starting June 1, 2022 - Aug 3, 2022

Registration will remain open until spots are filled.

	R DAY CAMP PRICING GISTRATION FEE PER CHILD \$20.00)
YMCA Members	\$108.00 PER WEEK
Non-Members	\$121.00 PER WEEK



United Way Concho Valley

- Registration fee and \$15 deposit per week is required at registration
- Registration for partial weeks is not allowed
- Full payment is required regardless of the number of days attended in that week.
- A 2 week notice is required for vacation weeks
- Scholarship are available (please allow 7 10 business day to be processed)

YMCA AFTERSCHOOL PROGRAM: (Headstart and grades K - 5th)

The Y Afterschool Program provides a safe, structured environment for children when school lets out. Our trained staff assists with homework, leads engaging activities, provides a healthy snack and creates an overall fun environment. Programs sites are located at all SAISD elementary schools and all Headstart locations.

	REGISTRATION FEE: \$20.00 All fees are per-child		
	Weekly Member Rate	Weekly Non-Member Rate	Daily Drop-In Rate
School Aged	\$55.50	\$68.50	\$18.00
Headstart	\$65.50	\$75.50	\$18.00



Registration will begin Monday, June 27, 2022 (Subject to change)

Please note that some schools may have caps.

DAY CAMP: (Headstart and grades Pre-K - 5th)

During school holidays, on days that the Y is open, full day camps are offered from 7:00 am – 6:00 pm. Registration and fees are separate from the Afterschool Program and available on a first come, first serve basis. All day camps have limited availability. Families who would like their child/ren to attend must register per day camp.

Daily Fee:

\$22.00 Y-Members / \$27.00 Non-Members

Day Camp Dates	Registration Open	
October 7	September 9	
October 10	September 12	
November 21 - 23	October 24	
December 9	November 11	
December 19 - 22	November 21	
December 26 - 29	November 21	

KIDS NIGHT OUT

Kids' Night Out is an opportunity for parents to spend quality time together while children enjoy an assortment of fun events at the YMCA. Supervised by our very own Afterschool staff, your child will enjoy swimming, movies and activities. Dinner will be served.

Let the YMCA engage with your children so you can have a parent's night out!

Dates:

August 26 2022

September 23, 2022

November 11, 2022

December 2, 2022

October 14, 2022

Kids Night Out Fees

\$20.00 Y-Members \$25.00 Non-Members Scholarship available.

When and Where?

6:00pm - 10:00pmRegistration closes theSan Angelo YMCARegistration closes the353 S. Randolph St.Thursday before event day.3 - 12 years old and potty trained

CHILDCARE

A SNAPSHOT TODAY, THE BIG PICT

THE COMMUNITY NEED

It is critical to ensure that early in a child's life, no matter their socio-economic status, that they are exposed to positive environments that encourage teamwork and collaboration, and make learning fun and exciting. The growing demand for those wanting to join the Y's programs is a testament to our good work.

THE PROPOSED SOLUTION

The Y is proposing to build a second location at 2833 College Hills Blvd. It will be known at the Y's Little Explorers Preschool and Development Center. The capital project includes renovating the 11,000 square foot facility to accommodate the Little Explorer's Preschool Program. Additionally, an outdoor playground will be constructed.

Y Little Explorer's Preschool

The Y will relocate the Preschool Program to the second location, increasing its daily capacity from 30 to 92 children. By moving this program the main branch will have the ability to increase its daily capacity for day camps and the Summer Day camp program by at least 30 children.

GET ON THE WAIT-LIST NOW! CALL THE WELCOME CENTER.

CAPITAL CAMPAIGN BRICK PAVER \$1,000

12" x 12" Engraved Brick Paver for Exterior Walkway

• Donor Recognition in Annual Report \$500

500

- 8" x 8" Engraved Brick Paver for Exterior Walkway
- Donor Recognition in Annual Report \$250

4" x 8" Engraved Marble Wall Tile for Interior

- Donor Recognition in Annual Report \$100
- 4" x 8" Engraved Brick Paver for Exterior Walkway
 - Donor Recognition in Annual Report



JRE TOMORROW

LITTLE EXPLORER'S PRESCHOOL (program is full, A wait list is available)

By participating in the Little Explorers Preschool Program your child will have the opportunity to prepare for kindergarten while taking advantage of all that the YMCA has to offer. Children will participate in engaging educational activities, swim days, field trip, and more. Low ratio classrooms will allow children to build educational skills as well as foster social and emotional growth. In order to participate in our program your child must be 3 - 5 years of age with a current shot record and heath assessment.

Registration fee: \$25.00		
Weekly Member Rate	Weekly Non-Member Rate	
\$110.00	\$123.75	
*Prices are subject to change		





United Way Concho Valley

Prices are subject to change

National HEPA Standards

One area of SOCIAL RESPONSIBILITY assumed by the YMCA childcare department is the use of National HEPA standards (Healthy Eating and Physical Activity) in order to reverse the obesity epidemic, prevention diabetes and lower the risk of heart disease.



Tentative Opening Date September 2022

NOW HIRING PRE-SCHOOL STAFF

Pre-School Teacher

Responsible for supervision of a group of up to 12 children between the ages of 3 and 5 years of age. Teacher must also direct activities for their group of children. Activities and supervision are regulated by YMCA policies and Department of Family and Protective Services child care licensing standards.

Employee Benefits

- Free YMCA Membership
- Discounted program fees
- Retirement Plan
- Advancement Opportunities
- **Tuition Reimbursement**

Apply in person at the YMCA. 353 S Randolph San Angelo, TX 76903

SUMMER SPORT REGISTRATION

Y World of Sports(8 -12-year-old boys and girls)

Y World of Sports is a program designed on teaching the fundamentals of the sport. This four-hour camp will be held once a week for 4 weeks. The day will consist of instructional coaching focusing on the development of the fundamental aspect of the associated sport, character development, nutritional education, and fun and interactive activity that allows the participant to use the skills developed.

Registration: May 1 until first day of camp Session Dates: June 13 - July 15, 2022 Camps to choose from:

- Volleyball Monday
- Basketball Tuesday
- Soccer Wednesday
- Flag Football Thursday

Program fees: \$60.00/camp for Y - Members | \$75.00/camp for Non-Members

Elite Camp – Summer of 2022

Our Elite programs helps each athlete grow in their physical and mental abilities involved in sports and working as a team. As our instructors push your athlete to reach their potential and become more confident in their physical and mental abilities. Let's get to work!

Registration: March 15 - June 15, 2022 Session 1: June 6 - 24 Session 2: July 11 - 29 Cost per session: \$60.00 for Y - Members | \$75.00 for Non - Members

Concho Valley Tennis Academy (ages 7+)

In Collaboration with Concho Valley Tennis, the Y aims to teach the lifelong sport of tennis to the San Angelo community. Learn the proper techniques essential for growth in tennis.

Registration Dates: May 1 - the first day of camp

Program Information: Ages: 7 - 18 years old Time: 8:00 am - 9:30 am Dates: Week 1: June 6 - 9 Week 2: June 13 - 16 Week 3: June 20 - 23 Week 4: July 11 - 14 Week 5: July 18 - 21 Week 6: July 25 - 28



United Way Concho Valley

Program Fees: \$40.00 per week for Y – Members | \$55 per week for Non – Members Receive a \$10 discount per camp if you register for 3+ weeks (Scholarship and discount can not be combined)

FALL SPORT REGISTRATION

Youth Volleyball Clinic: (grades 3rd - 8th)

The preseason volleyball clinic will give your child the preparation needed for the regular season. Participants will undergo skill instruction, drills and games. Clinic is instructed by former players and coaches.

Registration: May 15 until first day or clinic or full Clinic: August 22 - August 25, 2022 Time: 5:30 pm - 7:30 pm Program Fees: \$50.00 for Y-Members | \$65.00 for Non-Members

Little Bumpers Volleyball League:(1st & 2nd grade)

This 6 week program is for young athletes with an interest in volleyball. Program will meet on Tuesday and focus on the fundamentals of volleyball with age modification to the game.

Registration: May 15 - August 25, 2022 Season: September 12 - October 18, 2022 Session I - 5:15 pm - 6:00 pm Session II - 6:15 pm - 7:00 pm Program Fees: \$50.00 for Y-Members | \$65.00 for Non-Members

FALL SPORT REGISTRATION

Youth Volleyball League: (grades 3rd - 8th)

This league is designed to give youth of all abilities the opportunity to play in an environment that is positive while focusing on progression of skills and competition. Games will be played once per week, Monday, Tuesday, or Thursday evenings. Recreational and club leagues are available.

Registration: May 15 - August 17, 2022 Late Registration: August 18 - August 25, 2022 League: September 26 - November 19, 2022 Program Fees: \$60.00 for Y-Members | \$75.00 for Non-Members

Recreational: (grades 3rd - 8th)

Teams are formed by gender, grade, school and area in which the player resides. Player's are guaranteed to play at least 50% of each game.

Club: (grades 5th - 8th)

Teams are formed by the coach. The Y does not accept player's without a team and does not create rosters in this division. Coaches will make team decisions regarding playing time, game strategy and more.

Volleyball Tournament:

Dates: November 11 & 12 or November 18 & 19 (Subject to change)

Tackle Football: (grades 3rd - 6th, Boy & Girls)

The YMCA Youth Tackle Football Program incorporates UIL rules and regulations in running its football program. We provide volunteer coaches with a variety of techniques and drills incorporated from the Head's Up Football program that is associated with USA Football.

Registration: May 15 - August 11, 2022Super BowlLate Registration: August 12 - 18, 2022Dates: November 5 - 6, 2022 (Subject to change)League attentive start date: September 11, 2022Program Fees: \$68.00 for Y-Members / \$83.00 for Non-MembersEquipment Fees: Helmet - \$25.00 | Shoulder Pads - \$15.00 (Limited availability)Super Bowl

OTA:

OTA'S are a set of off-season training sessions that are used to help develop players and make them better at the different skill positions for the game of football. Instructors will focus on USA Football techniques allowing participants to improve and prepare for the upcoming football season. OTA's include conditioning, proper tackling, blocking, touch technique, drills, and skills that are specific to the game of football.

Registration: May 15 until first day of camp or filled up Session I: July 25 – July 28, 2022 (O-Line, D-Line, running back, and defensive back) Session II: August 1 – 4, 2022 (quarter back, wide receiver, and corner back) Time: 5:30 pm – 7:30 pm Program Fees: \$50.00 for Y – Members | \$65.00 for Non – Members

Concho Valley Tennis Academy

Monthly Sessions

Join us and CVTA as we host monthly session of instructional activity. In these sessions, participants will focus on the introduction of fundamental skills including rules, terminology, and technique. Through the progression of skills, participants will learn and perfect the skills essential for success in tennis.

Registration to start September

Sessions: TBD

Quick-start(7 - 10-year-old) Program Fees: \$40.00 for Y - Members | \$55.00 for Non-Members

Intermediate(11 - 16-year-old) Program Fees: \$50.00 for Y - Members | \$65.00 for Non-Members

SAVE 25% WHEN YOU REGISTER FOR BOTH LEAGUE AND CLINIC *RESTRICTIONS MAY APPLY



Youth Swimming Lessons: (3 years - 12 years)

Our aquatics department has swim lessons for all skills levels and ages. Instruction starts at 3 years with the Swim Basics program and progresses to the Swim Strokes program. Instruction progresses from creating comfort in the water, to specific instructions involved with the development of strokes.

Monthly sessions available Tuesday and Thursday 4:00 pm - 6:00 pm. Weekly sessions available Monday through Thursday 9:00 am - 10:30 am Student to instructor ratio of 5:1 Each lesson is 30 minutes Session cost: \$40.00 for Y-Members | \$55.00 for Non-Members

Sea Dragon's Swim: (6 years - 18 years)

Students 6 – 18 yrs. will learn the importance of water safety skills and build stroke technique, developing skills that prevent chronic disease, increase social-emotional and cognitive well-being, and foster a lifetime of physical activity. Internal swim meets will be held to show participants progression and help to create friendly competition.

Sessions are offered monthly and take place Monday - Thursday, 1:00 pm - 2:00 pm. Session cost: \$40.00 for Y-Members | \$55.00 for Non-Members

Private Swim Lessons: (all ages)

Private lessons are available for the participants who need more attention or thrive from one-on-one instruction or for the adult eager to learn to swim. For more information contact the Aquatics department at aquatics@ymcasanangelo.org.

Price: Varies by instructor

More information contact the Aquatics department at aquatics@ymcasanangelo.org or visit are website at www.ymcasanangelo.org.



Get Inspired. Get Together. Get Results. Group Exercise Classes are included with every membership!

At the YMCA of San Angelo, we offer group exercise classes for all levels and all interests. From low-impact exercises to high intensity interval training. You'll be able to find a group fitness class that is fun and supportive

fitness class that is fun and supportive.

• Cycling

• Tabata

- All level Yoga
- Lunch Crunch
- Strong Nation

H20 Aerobics

- Silver Sneakers
 - Toning
- Build N' Burn
 - Aqua ZumbaZumba
- Aqua Tabata
- HIIT

YOGA IS BACK! Sunrise Yoga Chair/Mat Yoga All Level Yoga Stretch & Restore Yoga

AQUATICS GROUP FITNESS



CAREERS THAT STRENGTHEN COMMUNITIES

Department within the YMCA of San Angelo

- Welcome Center
- Afterschool/Summer Camp
- Pre-School
- Maintenance
- Wellness Center
- Child watch
- Aquatics
- Group Fitness
- Youth Sports

Employee Benefits

- Free YMCA Membership
- Discounted program fees
- Retirement Plan
- Advancement Opportunities
- Tuition Reimbursement
- Childcare Summer Initiatives

The YMCA of San Angelo accepts applications year round. For current career opportunities check our website at www.ymcasanangelo.org. To obtain an application, visit the Welcome Center located at the YMCA of San Angelo.

For more information contact our Human Resource Department at plongoria@ymcasanangelo.org.

The YMCA San Angelo YMCA provides equal employment opportunities (EEO) to all employees and applicants for employment without regard to race, color, religion, sex, national origin, age, disability or genetics. In addition to federal law requirements, The San Angelo YMCA complies with applicable state and local laws governing nondiscrimination in employment in every location in which the company has facilities. This policy applies to all terms and conditions of employment, including recruiting, hiring, placement, promotion, termination, layoff, recall, transfer, leaves of absence, compensation and training.

DISCOVER YOUR PASSION

Explore Volunteerism at the Y

Y volunteers give people of all ages—from all walks of life—the resources and support they need to be healthy, confident, connected and secure. Our volunteers are critical to implementing everything that happens at the Y and in our community.

Contact the Welcome Center at 325.655.9106 or email aholguin@ymcasanangelo.org to inquire about volunteer openings.

Y's Member Summer Bash

Join us for some SUMMER FUN!

We will be offering open swim time, basketball, volleyball, games and more. This event is for YMCA members and they are able to bring a guest.

Concessions stand will be available.

Date: Saturday, July 16, 2022 Time: 6:00 pm - 8:30 pm

Share a Recipe

Bring a dish and share the recipe! (Provide a written copy)

We will provide a book with all the recipes shared. Please allow a week to compile recipes and print out books.

Date: Thursday, June 9, 2022 Time: 11:30 am - 1:30pm



YMCA OF SAN ANGELO 353 S. Randolph St. San Angelo, TX 76903





Summer Open Court Big Gym 6:00 pm – 9:00pm

Monday - Basketball

Tuesday - Pickle Ball

Wednesday - Volleyball

Thursday - Game Night

Small Court Open for Members Starting June 1, 2022



HOURS OF OPERATIONS

Monday - Thursday Friday Saturday Sunday 5:00 am - 9:00 pm 5:00 am - 8:00 pm 8:00 am - 5:00 pm 1:00 pm - 5:00 pm

CHILDWATCH HOUR OF OPERATIONS

Monday - Friday

Saturday Sunday 8:00 am - 1:00 pm 5:00 pm - 8:00 pm 9:00 am - 1:00 pm CLOSED

HOLIDAY HOUR OF OPERATIONS

May 30, 2022 July 4, 2022 CLOSED CLOSED

STAY CONNECTED!

Receive Y information and updates via text by signing up for REMIND. Text @saymca4 to 81010 To join our email list please see the Welcome Center.

Contact Information

Phone: 325.655.9106 Email: information@ymcasanangelo.org Fax: 325.659.1952 Web: www.ymcasanangelo.org Like Us on Facebook, Follow us on Instagram and Twitter!