



# DO SOMETHING DIFFERENT

## Youth Triathlon Camp

The Y challenges the youth in San Angelo and surrounding areas to do something different, something that doesn't involve a controller, something like the Annual Kids Triathlon.

Never competed in a triathlon, or maybe you do not have experience swimming, running or biking in a race. The Y has created this additional training camp to better prepare participants for the event.

Participants will undergo 4 weeks of training specific to each leg of a triathlon.

Registration: Now - March 10, 2019

Who: 5 - 18 years

When: March 13- April 6, 2019

Classes held Wednesday 5:30 pm - 6:30 pm and Saturday 11:00 am - 12:00 pm.

Where: YMCA

Cost: \$25 Y - Members / \$35 Non - Members

Additional Information: All participants are required to have a swim suit, running shoes, bicycle and helmet. Goggles, swim cap and a hat are optional.

*Minimum of 10 participants*

### Kids Triathlon

April 13, 2019

Swim, bike and run into fun at the Y! Division available for children ages 5 - 18 for male, female and relays.

Tikes (5 - 7)

Junior (8 - 10)

Senior (11 - 14)

Senior Elite (15 - 18)

Pre-Registration \$10 / Day of Race \$15

Free t-shirts for all pre-registered kids

Complete event details available in-house or online!

[www.ymcasanangelo.org](http://www.ymcasanangelo.org)



# Tri Camp - Release Form

Name: \_\_\_\_\_ D.O.B. \_\_\_\_\_

Age: \_\_\_\_\_ Gender: \_\_\_\_\_

Address: \_\_\_\_\_ Zip: \_\_\_\_\_

Primary Contact Name: \_\_\_\_\_ Primary's E-mail Address: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Cell Phone Carrier: \_\_\_\_\_

Alternate Contact Name: \_\_\_\_\_ Alternate Contact Cell: \_\_\_\_\_

Can you briefly explain your child's swimming ability/experience? \_\_\_\_\_

\_\_\_\_\_

Are there any medial conditions we should be aware of? \_\_\_\_\_

\_\_\_\_\_

Is your child involved in any other sports / activities? If yes, please list. \_\_\_\_\_

\_\_\_\_\_

**YMCA Mission:** The San Angelo YMCA will serve the people in the community of all faiths and ages with emphasis on families and youth, to permit them to achieve their God-given potential in spirit, mind, and body through its programs, staff, facilities, and the community.

**WAIVER:** I hereby, for myself and my agents, waive and release any and all rights and claims which I may have, or which may accrue against the YMCA of San Angelo and its respective officers, agents, sponsors, or any employees for any injury which may be suffered in connection with my child's participation in this activity. I hereby acknowledge that this program provides no insurance coverage and my own insurance will be used in case of an accident. By signing below, I am giving my permission for my child's to participate in the above program.

**PHOTO RELEASE:** Additionally, in consideration for being allowed to participate in YMCA membership and programs, I understand that images, video and film footage is often used by the YMCA of San Angelo for promotional purposes. For my participation in activities to be conducted by YMCA of San Angelo hereby give my permission and consent, now and for all time, to YMCA of San Angelo, The National Council of Young Men's Christian Associations of the United States of America (YMCA of the USA) and third parties collaborating with YMCA of San Angelo to make, reproduce, edit, broadcast or rebroadcast any video film, footage, sound track recordings and photo reproductions of me and/or my narrative account of my experience at YMCA of San Angelo for publication, display, or exhibition thereof in promotions, advertising and legitimate business uses without any compensation to, and/or claim, by me. I may, or may not be, identified in such reproductions; however, I shall not be stated by name to have endorsed any particular commercial products or commercial services.

Parent's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent's Name Printed: \_\_\_\_\_