

YMCA Adult Basketball League

2018 San Angelo YMCA Rules and Regulations

353 S Randolph, San Angelo, TX 76903 (PH) 325-655-9106

League Director: Stacy Duffell, sduffell@ymcasanangelo.org

I. Facilities and Locations:

- a. San Angelo YMCA Court 3: 353 S Randolph, San Angelo, TX 76903.
- b. Some games may occur after hours, so all other parts of the facility will be off limits. We will have a supervisor on site to monitor and help with any issues.

II. League Format

- a. League will start with regular season games and then be placed in a post season tournament.
- b. The league champion shall be the team that wins the tournament at the end of the season. Teams will be seeded in the tournament based on the following:
 - i. Regular Season Record
 - ii. Head to Head
 - iii. Record amongst tied teams (if more than 2 teams tied)
- c. The league champion will receive a free entry into the next available season.

III. Teams

- a. Team rosters are due via email or hard copy prior to your team's first game. Teams are encouraged to carry extra players to avoid playing short.
 - i. Rosters must include all players, including subs.
 - ii. Playing without a roster or with an un-rostered player may result in a forfeit.
 - iii. All players must be 16 years of age or older, unless special permission is obtained from the league director. Players under 16 must have a signed release from a parent/guardian.
- b. All games are played 5 on 5.
- c. Teams may start and play a game with 3 players, but may not play with less than 3.
- d. If a team does not have the required minimum number of players, it will go down as a win for the opposing team.
- e. Players must participate in at least 2 games to be able to play in the post-season tournament. The team manager is responsible for keeping the roster up to date throughout the season.
- f. A team found guilty of playing an illegal player is subject to forfeiting games that the illegal player participated in for the season.

IV. Game Breakdown

a. Games are officiated based on NCAA rules and regulations unless otherwise stated in the YMCA Rule Book.

b. Games are scheduled for 2-twenty minute halves with a running clock. The last two minutes of each half will have regular stoppage of the clock based off the official whistle. The clock will not stop if one team is ahead by 15 or more points.

b. Teams will be allowed a 5 minute warm up prior to their game.

c. Teams are allowed a 5 minute grace period prior to their first game ONLY if they do not have 3 legal players present (example: for a 6:30 match a team receives a 5 minute warm up period and a 5 minute grace period – the forfeit rule will be applied at 6:40)

d. If a team has 3 players present at the start of match time-they must begin play - See Rule III and XIV

e. All players must provide their own team shirt/jersey. Shirts must be same or similar color with a number on the back. No taped on numbers will be allowed. We will allow one player to participate without a number on their shirt. This player will be considered #0.

f. Each team will have two 30-sec. timeouts per half and one timeout during the overtime period.

g. Halftime will consist of 3 minutes.

h. Overtime periods will be 3 minutes with the clock stoppage on each whistle during the last minute.

i. Dunking is permitted, but excessive hanging on the rim will result in a direct technical foul. If any damage is done to the rim the player/team will be responsible for any and all replacement and/or repair cost.

j. Each player will be allowed 5 personal fouls with a disqualification coming after the fifth foul. Technical fouls will be counted as personal fouls.

i. Any player receiving 2 technical fouls will be disqualified from the game and must leave the facility. Any player ejected from the game will be subject to further suspension from games pending the YMCA Sports Department review of the ejection.

V. Balls: Game balls will be provided, however, teams are encouraged to bring their own warm up balls.

VI. Conduct

a. Any participant who is involved in fighting or provoking fighting shall be eliminated from the league.

b. Only the floor captain (player actually in rotation so designated) may discuss calls with the official. Judgment calls are not subject to discussion. Captains may question officials (respectfully) if they have concerns about a rule interpretation. The official's decision is final. Unsportsmanlike conduct will not be tolerated.

c. Any team which consistently exhibits poor sportsmanship may be eliminated from the league with forfeiture of all fees.

d. Profanity, taunting and abusive language toward other players, officials, coaches or YMCA staff will not be tolerated to any degree and will result in ejection depending on severity and judgment of the officials.

VII. Forfeits

a. If a team is not ready to play (with a minimum of three legal players on the court) following their 5 minute grace period and warm up period (a total of 10 minutes from the scheduled start time), they will forfeit the game.

b. If your team is unable to attend a game, please call the opposing manager AND league director to notify them of the forfeit. PLEASE DO NOT NO CALL NO SHOW.

c. Any team receiving 4 technical fouls will result in automatic loss by forfeit.

VIII. Gym Rules

a. Children are not allowed unless supervised at all times by an adult who is not participating in the match. Refs will give teams 1 warning on this matter, then the parent will be asked to leave the match.

b. Teams playing in the first or last matches of the night are encouraged to assist the gym staff with take down/put up of the nets and other equipment.

IX. Rule Set

a. All rules not specifically discussed above shall follow San Angelo YMCA and NCAA Rules. Rule books are available upon request.

SCHEDULE AND STANDINGS: All standings and schedules will be posted on the San Angelo YMCA Playerspace website at

NOTE: Game cancelation decisions are independent of school closures and other activities. Please do not assume that games are cancelled because schools are closed.

PRIZES: All regular season champions will receive free entry into the next league.