# PHASE 2

#### Begins June 1, 2020

#### LIMITED

(rigid
social/physical
distancing,
reintroduction to
some group
activities)

### Facility Hours

Normal Operating Hours

#### **Pool Hours**

M-F 5:30am – 3:00pm

Saturday 8:00am – 4:45pm

Sunday 1:00pm – 4:45pm

> \*See pool schedule for specifics

#### Child Watch Hours

M – F 8:00am – 1:00pm 5:00pm – 7:30pm

> Sat. – Sun. CLOSED

#### **PEOPLE**

Staffing may be increased to accommodate higher capacity. May include SD monitors throughout facility.

All staff are thoroughly trained on COVID transmission prevention and new cleaning protocols prior to working.

All persons entering the facility must pass screening before entering the facility:

- Temperatures must be below 100.4
- Members must answer NO to self-acknowledged health screening questions.
- Self-scan upon entry. Staff will not handle member cards or any other personal belongings.

All members will be asked to wash or sanitize hands upon entering the facility.

Staff is required to wash hands upon entering the facility and each hour.

Numbers will be controlled throughout the building (not to exceed 25% of facility/area occupancy)

It is strongly suggested that staff in direct contact with the public wear PPE (mask and gloves).

Members are **required** to wear gloves covering the entire hand while utilizing gym equipment. Masks are strongly encouraged.

All patrons, members and guests may use the facility. Normal policy enforced regarding age requirements.

#### **FACILITY**

The entire facility will be cleaned and disinfected prior to opening and after closing each day.

All equipment will be cleaned with HDQ Neutral throughout the day (minimum of every two hours) and before opening and after closing each day.

- Members must disinfect the equipment before and after each use. Proper cleaning supplies will be distributed to each member.
- Public entry doors and public counters, breakrooms, kitchen, light switches, employee workspaces will be cleaned a minimum of every two hours with HDQ Neutral.

Areas, open with restrictions:

- Cardio and Wellness Center open with restrictions on capacity and activities.
- Gym open for individual workout or group exercise classes only.
- Group Ex classes open with limited class sizes. (6ft. social distancing)
  - \* Rooms & equipment cleaned after each class.
- Pool phase in classes lap swim, water aerobics class, family swim, size limited and 6 ft. distance.
- Hot Tub: 2 people at a time at opposite corners, 20-minute time limit
- Personal Training (sd enforced)
- Childwatch
   Limited access, hours,
   space, no parents allowed to enter.
- Designated bathrooms
- No touch bottle filling available (water fountains closed)
- Seating areas reduced to prevent gathering.

#### Closed areas:

- Locker Rooms
- Steam room and sauna
- Services not provided: coffee, towel service.

## ACTIVITIES & PROGRAMS

Some group activity resume. Group activities that remain closed include:

- Adult Noon Ball
- Pick-up basketball aames
- Pickle ball

Traditional circuit training is prohibited.

Programming that will resume as of June 1.

- Youth Vball (practices)
- Elite Athlete Training
- Lunch Crunch

Activity that will begin June 6.

Family Swim
 Limited space and restrictions. Must rsvp.

Programming that will resume as of June 8.

- Little Explorers
   Preschool
   Camp will operate
   based upon
   guidelines provided
   by the State of Texas
   and Texas Licensing.
- Tennis Clinics

Programming that will resume as of June 15.

- Summer Day Camp Camp will operate based upon guidelines provided by The State of Texas and Texas Licensing.
- Youth Volleyball league play